



Swatow Restaurant INC.

309 Spadina Avenue, Toronto, Ontario

416-977-0601

湯麵, 粉類

河粉, 米粉, 瀨粉, 麵

1	招牌麵	Swatow Special Noodle Soup.....	10.99
2	魚蛋麵	Fish Balls Noodle Soup.....	5.99
3	魚片麵	Fish Sliced Noodle Soup.....	5.99
4	墨魚丸麵	Squid Ball Noodle Soup.....	5.99
5	牛丸麵	Beef Ball Noodle Soup.....	5.99
6	牛腩麵	Beef Stew Noodle Soup.....	6.99
7	牛什麵	Beef Tripe Noodle Soup.....	6.99
8	牛筋麵	Beef Tendon Noodle Soup.....	6.99
9	雲吞麵	Shrimp Wonton Noodle Soup.....	6.99
10	水餃麵	Shrimp Dumpling Noodle soup.....	7.99
11	淨麵	Noodle in Soup.....	4.50
12	雙丸麵	Fish & Beef Balls Noodle Soup.....	6.99
13	四丸麵	Four Kind Balls Noodle Soup.....	7.99
14	時菜牛肉麵	Beef w/ Vegetable Noodle Soup.....	8.99
15	牛腩雲吞麵	Beef Stew & Wonton Noodle Soup.....	8.99
16	時菜叉燒麵	B.B.Q Pork w/ Vegetable Noodle Soup.....	8.99
17	雪菜肉絲麵	Shredded Pork w/ Preserved Vegetable Noodle Soup.....	8.99
18	汕頭生肉粉	Swatow Meat w/ Rice Noodle Soup.....	8.99
19	鹵鴨麵	Duck w/ Noodle Soup.....	8.99
20	炸醬麵	Char Cheung w/ Noodle Soup.....	5.99
21	豬扒麵	Pork Chop w/ Noodle Soup.....	8.99
22	淨魚蛋	Fish Balls Soup.....	6.50
23	淨牛丸	Beef Balls Soup.....	6.50
24	淨墨魚丸	Squid Balls Soup.....	6.50
25	淨雙丸	Fish & Beef Balls Soup.....	7.50
26	淨四丸	Four Kind Balls Soup.....	8.99
27	淨雲吞	Shrimp Wonton Soup.....	7.99
28	淨水餃	Shrimp Dumpling Soup.....	8.99

Noodle Soup

(Ho Fun, Vermicelli)

高麵類

		Woo Mein		
		(Big Bowl of Noodle in Soup)	中M	大L
29	揚州窩麵	Yong Chow Noodle Soup.....	9.99	19.99
30	雞球窩麵	Sliced Chicken w/ Vegetable Noodle.....	9.99	19.99
31	海鮮窩麵	Seafood w/ Vegetable Noodle.....	9.99	19.99
32	鴨絲窩米	Sliced Duck w/ Vermicelli.....	8.99	19.99
33	鴻圖伊麵	Yee Mein w/ Crab Meat.....	8.99	19.99
34	雪菜牛鬆窩米	Minced Beef w/ Preserved Vegetable Vermicelli.....	8.99	18.99
35	羅漢齋窩麵	Stewed Mixed Vegetable w/ Noodle.....	8.99	18.99

撈麵類

		Lo Mein (Soft Dry Noodle)	
36	招牌撈麵	Special Lo Mein.....	12.99
37	魚片撈麵	Fish Sliced Lo Mein.....	8.99
38	四丸撈麵	Four Kind Balls Lo Mein.....	10.99
39	雲吞撈麵	Wonton Lo Mein.....	10.99
40	什菜撈麵	Mixed Vegetable Lo Mein.....	10.99
41	牛肉撈麵	Beef w/ Vegetable Lo Mein.....	10.99
42	叉燒撈麵	B.B.Q Pork Lo Mein.....	10.99
43	炸醬撈麵	Char Cheung Lo Mein.....	8.99
44	牛腩撈麵	Beef Stew & Tendon Lo Mein.....	10.99
45	薑蔥蠔油撈麵	Ginger & Green Onion w/Oyster Sauce Lo Mein.....	7.99

伊麵..... 加3.00 加底..... 加3.00

粥類

46 招牌粥	Special Congee	8.99
47 及第粥	Assorted Meats Congee.....	5.99
48 牛肉粥	Beef Congee.....	5.99
49 艇仔粥	Squid & Shrimp Congee.....	5.99
50 斑球粥	Sliced Fish Congee	5.99
51 海鮮粥	Assorted Seafood Congee	7.99
52 北菇雞粥	Mushroom & Chicken Congee	5.99
53 豬腰，潤粥	Pork Liver Congee.....	5.99
54 皮蛋瘦肉粥	Preserved Egg & Salted Pork Congee	5.99

Congee (Rice Soup)

湯類

		SOUP		
		小S	中M	大L
55 酸辣湯	Hot & Sour Soup	6.99	13.99	20.99
56 海鮮豆腐湯	Seafood w/ Bean Curd Soup	7.99	13.99	20.99
57 雞茸粟米湯	Minced Chicken & Sweet Corn Soup.....	6.99	11.99	18.99
58 西湖牛肉湯	Minced Beef w/ Egg Drop Soup.....	6.99	11.99	18.99
59 草菇蛋花湯	Mushroom Egg Drop Soup.....	6.99	11.99	18.99
60 時菜肉片湯	Sliced Pork & Vegetable Soup.....	6.99	11.99	18.99
61 時菜牛肉湯	Sliced Beef & Vegetable Soup.....	6.99	11.99	18.99
62 蟹肉魚肚羹	Crab Meat w/ Fish Maw Soup.....	7.99	13.99	20.99
63 蟹肉粟米羹	Crab Meat w/ Sweet Corn Soup	7.99	13.99	20.99
64 紫菜雙丸湯	Sea Weed w/ Beef & Fish Balls Soup	7.99	13.99	20.99

炒粉，麵類

Chow Mein (Rice Noodle, Vermicelli)

65 招牌炒粗麵	Special Fried Noodle	11.99
66 海鮮炒麵 (粉)	Assorted Seafood Fried Noodle	14.99
67 時菜蝦仁炒麵 (粉)	Shrimp w/ Vegetable Fried Noodle.....	12.99
68 滑蛋蝦仁炒河	Shrimp w/ Scrambled Egg Fried Rice Noodle	12.99
69 廣東炒麵	Cantonese Fried Noodle	14.99
70 時菜牛肉炒麵 (粉)	Beef w/ Vegetable Fried Noodle.....	12.99
71 豉椒牛肉炒麵 (粉)	Beef w/ Black Bean Sauce Fried Noodle	12.99
72 沙爹牛肉炒麵 (粉)	Beef w/ Satay Sauce Fried Noodle	12.99
73 豉椒排骨炒麵 (粉)	Pork Ribs w/ Black Bean Sauce Fried Noodle	11.99
74 豉椒雞球炒麵 (粉)	Chicken w/ Black Bean Sauce Fried Noodle ..	11.99
75 時菜斑球炒麵	Sliced Fish w/ Vegetable Fried Noodle	11.99
76 咖喱牛肉炒麵 (粉)	Beef w/ Curry Sauce Fried Noodle.....	12.99
77 干炒沙爹牛肉米	Beef w/ Satay Sauce Fried Vermicelli.....	12.99
78 干炒牛河	Beef Fried Rice Noodle	12.99
79 干炒肉片河	Sliced Pork Fried Rice Noodle	11.99
80 三絲炒麵	Shredded Pork Fried Noodle.....	11.99
81 叉燒炒麵	B.B.Q Pork w/ Vegetable Fried Noodle	11.99
82 什菜炒麵	Mixed Vegetable Fried Noodle	11.99
83 星洲炒米	Singapore Style Fried Vermicelli.....	11.99
84 廈門炒米	Har Moon Style Fried Vermicelli	11.99
85 炒貴刁	Malaysian Style Fried Rice Noodle.....	11.99
86 上海粗炒	Shanghai Style Fried Noodle.....	11.99
87 芽菜仔炒麵 (粉)	Beansprout Fried Noodle	8.99
88 干燒伊麵	Fried Yee Mein.....	10.99

7 = Hot & Spicy 辣

碟頭飯

89	什會飯	Assorted Meats w/ Vegetable on Rice	8.50
90	時菜牛肉飯	Beef w/ Vegetable on Rice	8.25
91	豉椒牛肉飯	Beef w/ Black Bean Sauce on Rice.....	8.25
92	沙爹牛肉飯	Beef w/ Satay Sauce on Rice.....	8.25
93	中式牛柳飯	Beef Tenderloin Chinese Style on Rice	9.99
94	黑椒牛柳飯	Beef Tenderloin w/ Black Pepper Sauce on Rice	9.99
95	鮮茄牛肉飯	Beef w/ Tomato Sauce on Rice.....	8.25
96	豆腐牛肉飯	Beef w/ Bean Curd on Rice.....	8.25
97	咖喱牛肉飯	Beef w/ Curry Sauce on Rice	8.25
98	時菜牛腩飯	Beef Stew w/ Vegetable on Rice.....	9.99
99	時菜雞球飯	Sliced Chicken w/ Vegetable on Rice.....	8.25
100	豉椒雞球飯	Sliced Chicken w/ Black Bean Sauce on Rice.....	8.25
101	粟米雞粒飯	Corn w/ Chicken on Rice	8.25
102	粟米斑腩飯	Corn w/ Sliced Fish on Rice.....	8.25
103	時菜斑腩飯	Sliced Fish w/ Vegetable on Rice.....	8.25
104	時菜海鮮飯	Seafood w/ Vegetable on Rice.....	9.99
105	滑蛋蝦仁飯	Shrimp w/ Scrambled Eggs on Rice	9.99
106	辣子茄瓜蝦仁飯	Shrimp w/ Egg Plant on Rice	9.99
107	豉椒排骨飯	Pork Ribs w/ Black Bean Sauce on Rice	8.25
108	洋葱豬扒飯	Pork Chop on Rice	9.99
109	叉燒豆腐飯	B.B.Q Pork w/ Bean Curd on Rice	8.25
110	滷水鴨飯	Duck on Rice	8.25
111	菠蘿咕嚕肉飯	Sweet & Sour Pork on Rice	8.25
111A	蝦龍糊飯	Shrimp Lobster Sauce on Rice	9.99
111B	白飯	Steamed Rice.....	2.50

炒底.....加 3.00 加蛋.....加 2.50

炒飯

112	揚州炒飯	Yeung Chow Fried Rice.....	13.99
113	蝦仁炒飯	Shrimp Fried Rice.....	11.99
114	生炒牛肉飯	Beef Fried Rice.....	11.99
115	叉燒炒飯	B.B.Q Pork Fried Rice	11.99
116	雞絲炒飯	Chicken Fried Rice	11.99
117	什菜炒飯	Mixed Vegetable Fried Rice.....	11.99
118	福建炒飯	Fuk-kin Fried Rice	14.99
119	鴛鴦炒飯	Chicken & Shrimp w/ Creamy tomato Sauce.....	14.99
120	咸魚雞粒炒飯	Salted Fish & Diced Chicken Fried Rice.....	14.99
120A	海鮮炒飯	Seafood Fried Rice.....	15.99

小食

121	煎釀豆腐	Fried Stuffed Bean Curd.....	each 0.99
122	煎釀青椒	Fried Stuffed Green Pepper	each 0.99
123	煎釀辣椒	Fried Stuffed Hot Pepper	each 0.99
124	煎鍋貼	Pan Fried Dumpling.....	4 pc. 7.99
125	咖喱魷魚	Squid w/ Curry Sauce	8.99
126	蠔油魷魚	Squid w/ Oyster Sauce.....	8.99
127	柱侯牛腩	Beef Stew or Beef Tendon.....	9.99
128	蜜汁叉燒	B.B.Q Pork	9.99
129	滷水牛什	Beef Tripe	9.99
130	韭菜豬紅	Pig's Blood w/ Chive.....	8.99
131	炸春卷	Spring Roll.....	each 1.95
132	炸雲吞	Deep Fried Shrimp Wonton	8.99
133	油菜	Vegetable w/ Oyster Sauce (Steamed).....	5.99

Rice on Plate

Fried Rice

Side Dishes

雞，鴨類**Poultry**

134	汕頭鹵鴨	Swatow Soy Braised Duck.....	14.99
135	潮式燒雁鵝	Swatow Roasted Duck w/ special Sauce	15.99
136	西檸軟雞	Chicken w/ Lemon Sauce	14.99
J 137	左公雞	General Tso Chicken	15.99
J 138	宮保雞丁	Diced Chicken w/ Hot Sauce	13.99
139	腰果雞丁	Diced Chicken w/ Cashew Nuts.....	13.99
140	甜酸雞球	Sweet & Sour Chicken.....	13.99
141	什菜炒雞球	Chicken w/ Mixed Vegetable.....	14.99
J 142	咖喱雞球	Chicken w/ Curry Sauce.....	13.99
J 143	麻辣蔥泡雞	Chicken w/ Spicy Garlic Sauce	13.99
144	炸雞翼	Deep Fried Chicken Wings.....	9.99

豬，牛肉類**Beef and Pork**

J 145	腰果黑椒牛柳丁	Diced Beef w/Cashew Nuts	14.99
J 146	豉椒牛肉	Beef w/ Black Bean Sauce.....	14.99
147	蠔油牛肉	Beef w/ Oyster Sauce.....	14.99
148	紫蘿牛肉	Beef w/ Ginger & Pineapple	14.99
149	辣子茄瓜牛肉	Fried Beef w/ Egg Plant in Special Saucez.....	14.99
150	中式牛柳	Fried Beef Tenderloin Chinese Style	14.99
151	什菜炒牛肉	Beef w/ Mixed Vegetable.....	14.99
152	芥蘭牛肉	Beef w/ Chinese Broccoli.....	14.99
153	薑蔥爆牛肉	Beef w/ Ginger & Onion.....	14.99
154	雪豆牛肉	Beef with Snow Peas	14.99
J 155	咖喱牛肉	Beef w/ Curry Sauce	14.99
156	京都肉排	Sweet & Sour Pork Loin	12.99
J 157	涼瓜牛肉	Beef w/ Bitter Melon.....	14.99
J 158	椒鹽肉排	Spicy Pork Loin	12.99
J 159	椒鹽牛柳	Spicy Beef Steak.....	13.99
160	菠蘿咕嚕肉	Sweet & Sour Pork.....	12.99
J 161	魚香肉絲	Shredded Pork with Hot Garlic Sauce	12.99
162	蒜香排骨	Garlic Pork Ribs	12.99
163	蜜汁排骨	Honey Garlic Pork Ribs	13.99

海鮮類**Seafood**

164	時菜炒三鮮	Three Kind Seafood w/ Vegetable.....	15.99
J 165	四川蝦仁	Szechuan Style Shrimp	14.99
166	腰果蝦仁	Shrimp w/ Cashew Nuts.....	14.99
167	滑蛋蝦仁	Shrimp w/ Scrambled Eggs.....	14.99
J 168	蝦龍糊	Shrimp in Lobster Sauce.....	14.99
J 169	椒鹽鮮魷	Fried Squid w/ Spicy Salt and Chili.....	14.99
J 170	椒鹽蝦仁	Fried Shrimp w/ Spicy Salt and Chili.....	14.99
171	炸蝦	Deep Fried Shrimp	13.99
172	碧綠鮮帶子	Fried Scallop w/ Vegetable.....	14.99
J 173	椒鹽三鮮	Deep Fried Spicy Seafood	14.99
J 174	辣子茄瓜蝦仁	Shrimp w/ Egg Plant in Hot Sauce.....	14.99
175	碧綠斑球	Sliced Fish w/ Vegetable	13.99
J 176	豉汁炒蜆	Fried Clams w/ Black Bean Sauce.....	14.99
J 177	豉汁炒石螺	Fried Snails w/ Black Bean Sauce	10.99
178	薑蔥龍蝦	Loberst	(Seasonal 時價)

J = Hot & Spicy 辣

煲仔，鐵板類

Sizzling Platter and Casserole

179	鐵板沙爹牛肉	Beef w/ Satay Sauce on Sizzling Platter	15.99
180	鐵板沙爹雞球	Chicken w/ Satay Sauce on Sizzling Platter	15.99
181	鐵板四川牛柳絲	Filet Beef Tenderloin on Sizzling Platter	15.99
182	鐵板海鮮大什會	Seafood Combination on Sizzling Platter	15.99
183	鐵板中式牛柳	Beef Tenderloin Chinese Style on Sizzling Platter	15.99
184	啫啫雞煲	"Ja Ja" Chicken in Hot Pot	11.99
185	海鮮豆腐煲	Seafood w/ Bean Curd in Hot Pot	15.99
186	豆腐粉絲素菜煲	Mixed Vegetable w/ Bean Curd in Hot Pot	11.99
187	斑腩豆腐煲	Sliced Fish w/ Bean Curd in Hot Pot	12.99
188	牛腩蘿蔔煲	Beef Stew w/ White Turnip in Hot Pot	13.99
189	魚香茄子豆腐煲	Bean Curd Egg Plant w/Garlic Sauce in Hot Pot	12.99

豆腐，蔬菜類

Vegetable and Bean Curd

190	清炒油菜	Sauteed Fresh Vegetable	11.99
191	四川腰果什菜	Szechuan Fried Mixed Vegetable w/ Cashew Nuts	13.99
192	清炒什菜	Sauteed Mixed Vegetable	11.99
193	蟹肉扒鮮菇	Crab Meat Sauce w/ Straw Mushroom	12.99
194	北菇扒菜膽	Mushroom & Vegetable	12.99
195	紅燒豆腐	Fried Bean Curd w/ Vegetable	11.99
196	麻婆豆腐	Bean Curd w/ Minced Meat & Chili	11.99
197	八珍豆腐	Bean Curd w/ Mixed Meat	12.99
198	椒絲腐乳西洋菜	Sauteed Water Cress	11.99

各式飲品

Drinks

199	汽水	Assorted Soft Drinks	2.00
200	豆漿	Soya Bean Drink	2.00
201	凍檸茶	Ice Lemon Tea	2.99
202	凍檸樂	Ice Lemon Coke	2.99
203	橙汁	Orange Juice	2.50
204	石榴汁	Guava Juice	2.50
205	蔗汁	Sugar Cane Juice	2.50

Special Combos

Choice of: Hot & Sour or Minced Chicken & Sweet Corn Soup

No. A	No. B	No. C
Spring Roll	Spring Roll	Spring Roll
Special Fried Noodle	Special Fried Noodle	Special Fried Rice
Chicken w/ Satay Sauce	Szechuan Shrimp	Beef w/ Mixed Vegetable
17.99	17.99	17.99

巧製潮州 牛丸 魚丸 墨魚丸 炸魚片 銀絲蛋麵 沙河粉 辣椒樽 歡迎外賣

← 每磅 →
9.00 9.00 11.00 11.00 2.50 2.00 7.00